Pilot Butte News & ViewS

February 2023

Serving Pilot Butte & District for 36 years!

Year 36 Issue 6



Submissions and Payment

Please remember to send your submissions no later than 5 pm on the 20th. Anything received after cannot be guaranteed to be inserted into the issue. Your continued co-operation is appreciated. PLEASE EMAIL the News and viewS @ newsandviews@sasktel.net or drop it off at the Pilot Butte Town Office.

As always, a huge THANK YOU to the sponsors who have renewed their squares or are new to our backpage—We truly cannot publish without your generous support!

Thanks also to those businesses who pay to take out a monthly ad at various times of the

The News and viewS appreciates all those who help in getting the 10 issues printed and out to the residents. It takes a community! If you are interested in sponsoring our newsletter, please email us newsandviews@sasktel.net or call 306.781.4547

Thank You to our Back Page Sponsors

Remember to patronize our back page sponsors. Thanks to these sponsors who have renewed their square (s) for another year:

Thank you to the Town of Pilot Butte and the Pilot Butte Recreation Department for funding the newsletter.

TOWN OF PILOT BUTTE

COUNCIL CONNECTION

Council meetings are open to the public. Meetings are normally held the 2nd and 4th Monday of each month. If a Statutory Holiday falls on a regularly scheduled Council meeting Monday, the Council meeting will be held on the Tuesday. Unscheduled Special Meetings are advertised in advance for public attendance.

The Council meetings for 2023 are as follows:

 January 9 & 23
 February 13 & 27
 March 13 & 27
 April 11 & 24

 May 8 & 23
 June 12 & 26
 July 10 & 24
 August 14 & 28

 September 11 & 25
 October 10 & 23
 November 13 & 27
 December 11

Your Elected Council Members who represent your interests are Mayor Peggy Chorney, along with Councilor's Scott Einarson, Zac Forster, Jean Lowenberger, Lydia Riopka, Fred Salerno, & Ed Sigmeth

Please contact the Town Office at 306-781-4547 if you have any questions in regards to attending a council Meeting.

DECEMBER COUNCIL MEETING HIGHLIGHTS

BYLAWS ADOPTED

- 14-2022 Utility Rate Bylaw
 Out of Town
- 15-2022 White Butte EMO Mutual Aid
- 16-2022 Emergency Response Bylaw

AGREEMENTS

- Piapot First Nation Fire Suppression Agreement
- RM of Edenwold Fire Protection Agreement

REPORTS

- Waterworks Compliance Inspection Report
- Recreation Update
- RCMP October Stats

OTHER

- Annual Resolutions
- 2023 Library Board Members



Meeting minutes are on the website at:

https://pilotbutte.ca/local-government/agendasandminutes/

Bylaws & Policies are posted on the website at: https://pilotbutte.ca/local-government/bylaws-and-policies/

The Town of Pilot Butte has pledged to ensure that the News and viewS will publish, no matter what!

Thank you to the Town for this valuable support. The R.M. of Edenwold also supplies the newsletter with financial funding.

The News and viewS truly appreciates the ongoing support and could not publish without the municipal funding along with our backpage advertisers/sponsors.

We hope that we can continue to provide a quality of newsletter that makes us the "must read" item each month!

DO YOU HAVE A NEW EMAIL ADDRESS OR PHONE NUMBER?

Please let the Town know by emailing general@pilotbutte.ca or phoning 306-781-4547.

The Town is ensuring that information is up to date for better communication with Pilot Butte Residents.





...that your new home may include the header or posts for a deck. This does not indicate that a deck was included with your home build. Your builder is aware whether your deck was included with the build of your home. If your deck is not included with the permit for your new home, a Deck Permit must be submitted and approved prior to construction. We appreciate our resident's compliance with our Zoning Bylaw.



...that the Town now accepts credit card!!

The Town of Pilot Butte is pleased to announce that we are now accepting payments with select credit cards through our OptionPay System. Payments for Town of Pilot Butte services, including utilities, taxes, accounts receivable payments, permits/licenses and others, may be paid online or through the Town Office. Payments using an online service take 3 business days to process, please allow plenty of time before the due date to avoid interest fees. OptionPay uses a tiered fee schedule with a minimum fee of \$2.00, please visit the OptionPay's fee schedule on our website for more information.

Make Your Payments Here

Ready to pay your bill? Please click the logo below:

Pay your municipal bills now with OptionPay Click Here

NEW: Water and Sewer Line Repair Policy - 03-2023

The new policy can be found on the Town Website:

https://pilotbutte.ca/local-government/bylaws-and-policies/



SEWAGE BLOCKAGE - **If you suspect you have a sewer blockage** it is the responsibility of the property owner to contact the Town recommended Plumber **(Roto Rooter 306-359-3996)** to ensure location of the blockage or break is clearly defined. Video inspection footage will be required. A plumber must video each affected line to determine where the blockage is located.

The property Owner is responsible for the cost of maintenance or repair of the line from the building structure right up to and including the tap connecting to the sewer main, including any blockages, breakages or collapses. The Town of Pilot Butte is responsible for a failure at the main line, which is owned by the Town of Pilot Butte. If a blockage originates from the residence or business, the Owner will be responsible for the costs associated with clearing the line. Tree roots, or any other impediments, originating on private property, which affect the pipe's integrity on Town-owned property, are the responsibility of the Owners.

Sewer line back-ups and blockages can be caused by a variety of issues including but not limited to: Excessive grease, root infiltration of line, infrequent use (frozen lines), breaks in the lateral sewer line and obstructions. Obstructions may include, but are not limited to: rags/fabric, 'flushable' wipes, household debris, personal hygiene products, and diapers, toys, disinfecting wipes or paper towels.

It is the responsibility of the property owner to investigate and arrange for the clearing of blockages as well as the repair to pipe defect on their property. It is the Town's responsibility to repair pipe defect on Town property.





Drinking Water Quality and Compliance

The Water Security Agency and the Ministry of Environment requires that at least once each year waterworks owners provide notification to consumers of the quality of water produced and supplied as well as information on the performance of the waterworks in submitting samples as required by a Minister's Order or Permit to Operate a waterworks. The following is a summary of the **Town of Pilot Butte's** water quality and sample submission compliance record for the **year of 2022**. This report was completed on **17-Jan-2022**. Readers should refer to Water Security Agency's "Municipal Drinking Water Quality Monitoring Guidelines, June 2015, EPB 502" for more information on minimum sample submission requirements. Permit requirements for a specific waterworks may require more sampling than outlined in the department's monitoring guidelines. If consumers need more information on the nature and significance of specific water tests, for example, "what is the significance of selenium in a water supply", more detailed information is available from: http://www.hc-sc.gc.ca/ewh-semt/pubs/water-eau/index_e.html.

Water Quality Standards Bacteriological Quality

Parameter/Location		Required	Submitted	Submitted (Percentage)	
Total Coliform	0 Organisms/100 mg/L	<u>52</u>	<u>52</u>	0	
E. coli	0 Organisms/100 ml	52	52	0	
Background Bacteria	Less than 200 Organisms/100 m	L <u>52</u>	<u>52</u>	0	

The owner/operator is responsible to ensure that 100 per cent of all bacteriological samples are submitted as required. All waterworks are required to submit samples for bacteriological water quality; the frequency of monitoring depends on the population served by the waterworks.

Water Disinfection

Chlorine Residua	al in Distribution System fo	r Test Results Submit	tted with Bacteriolog	ical Samples				
	Minimum	Free Chlorine	Total Chlorine	# Tests	# Tests	# Adequate		
Parameter	Limit (mg/L)	Residual Range	Residual Range	Required	Submitted	Chlorine (Pe	rcentage)	
Chlorine	0.1 mg/L free OR							
Residual	0.5 mg/L total	0.08-0.92	0.26-0.96	52	52	52	(100%)	

A minimum of 0.1 milligrams per litre (mg/L) free chlorine residual OR 0.5 mg/L total chlorine residual is required at all times throughout the distribution system unless otherwise approved. A proper chlorine submission is defined as a bacteriological sample submission form with both the free and total chlorine residual fields filled out. An adequate chlorine is a result that indicates that the chlorine level is above the regulated minimums. An adequate chlorine may be counted even if the chlorine results were submitted incorrectly. A waterworks is required to submit chlorine residual test results on every bacteriological sample they submit.





Water Disinfection

Free Chlorine Residual	for Water Entering	Distribution System from W	aterworks Records-From W	ater Treatment Plant Records
Parameter	Limit (mg/L)	Test Level Range	# Tests Performed	# Tests Not Meeting Requirements
Free Chlorine Residual	at least 0.1	0.22-0.84	365	0

A minimum of 0.1 milligrams per litre (mg/L) free chlorine residual is required for water entering the distribution system. Tests are normally performed on a daily basis by the waterworks operator and are to be recorded in operation records. This data includes the number of free chlorine residual tests performed, the overall range of free chlorine residual (highest and lowest recorded values) and the number of tests and percentage of results not meeting the minimum requirement of 0.1 mg/L free chlorine residual.

<u>Turbidity - From Water Treatment Plant Records</u>

	Limit	Test Level	# Tests Not Meeting	Maximum	# Tests	# Tests
Parameter	(NTU)	Range	Requirements	Turbidity (NTU)	Required	Performed
Turbidity	<u>1.0</u>	0.03-0.89	<u>0</u>	0.89	<u>Continuo</u>	ous <u>Continuous</u>

Turbidity is a measure of water treatment efficiency. Turbidity measures the "clarity" of the drinking water and is generally reported in Nephelometric Turbidity Units (NTU). All waterworks are required to monitor turbidity at the water treatment plant. The frequency of measurement varies from daily for small systems to continuous for larger waterworks.

Chemical - Health Category

Parameter	Limit MAC (mg/L)	Limit IMAC (mg/L)	Sample Results	# Samples Exceeding MAC/IMAC	# Samples Required	# Samples Submitted
Arsenic	0.010		0.0012	0	1	1
Barium	1.0		0.0014	0	1	1
Boron		5.0	0.1	0	1	1
Cadmium	0.005		< 0.00015	<u>0</u>	1	1
Chromium	0.05		< 0.00019	0	1	1
Fluoride (avg.*)	1.5		< 0.05	0	1	1
Lead	0.01		0.00007	0	1	1
Nitrate (avg.*)	45.0		<0.2	0	1	1
Selenium	0.01		< 0.00113	0	1	1
Uranium	0.02		0.00040	0	1	1

Substances within the chemical health category may be naturally occurring in drinking water sources or may be the result of human activities. These substances may represent a long-term health risk if the Maximum Acceptable Concentration (MAC) or Interim Maximum Acceptable Concentration (IMAC) is exceeded. All drinking water supplies are required to monitor for substances in the Chemical-Health category, the frequency of monitoring depends on the population served by the waterworks. Some waterworks will add fluoride to drinking water as a means to aid in the prevention of dental decay.





General Chemical

Parameter	Aesthetic Objectives* (mg/L)	Sample Results (average)	# Samples Required	# Samples Submitted	
Alkalinity	500	40.3	1	1	
Bicarbonate	No Objective	49	1	1	
Calcium	No Objective	<u>6</u>	1	1	
Carbonate	No Objective	0	1	1	
Chloride	250	1.1	1	1	
Conductivity	No Objective	111	1	1	
Hardness	800	27	1	1	
Magnesium	200	0.02	1	1	
PH	No Objective	7.8	1	1	
Sodium	300	12	1	1	
Sulphate	500	11.4	1	1	
Total dissolved solids	1500	84	1	1	

All waterworks serving less than 5000 persons are required to submit water samples for SE's General Chemical category once every two years if a ground water source or once per three months every second year if a surface water or blended surface/groundwater source. The General Chemical category includes analysis for alkalinity, bicarbonate, calcium, carbonate, chloride, conductivity, hardness (as CaCO₃), magnesium, sodium, sulphate and total dissolved solids.

The last sample for General Chemical analysis was submitted on 18-Jan-2022. Sample results indicated that there were no exceedences of the provincial aesthetic objectives for the General Chemical category.

*Objectives apply to certain characteristics of or substances found in water for human consumptive or hygienic use. The presence of these substances will affect the acceptance of water by consumers and/or interfere with the practice of supplying good quality water. Compliance with drinking water aesthetic objectives is not mandatory as these objectives are in the range where they do not constitute a health hazards. The aesthetic objectives for several parameters (including hardness as CaCO₃ magnesium, sodium and total dissolved solids) consider regional differences in drinking water sources and quality.

More information on water quality and sample submission performance may be obtained from:

Town of Pilot Butte 222 Diamond Place, Pilot Butte S0G 3Z0 (306) 781-4547

Town of Pilot Butte ATV Registration



What You Need To Know...

- All ATV's being operated on town property must be registered and display a registration tag provided by the Town of Pilot Butte.
- Golf Carts are NOT permitted
- Use of the travelled portion of the roadway is permitted at a maximum of 30km/h within town limits.
- The Town recommends residents use the paved streets when accessing the most direct route to and from place of residence.
- Riders must be 16 years of age and hold a valid driver's license
- Riders age 12-15 must be directly supervised by an adult, or hold a valid ATV course certificate.
- All Terrain Vehicles are NOT permitted at any time on Town of Pilot Butte Public Reserve land (Parks), buffer strips, walkways, and crown owned land.
- Please follow and obey all posted signs.
- Please respect our residents and their right to quiet enjoyment of their property.
- To register your ATV please visit the Town of Pilot Butte's website: https://pilotbutte.ca/local-government/atv-registration/#
- The annual renewal fee is \$15 per plate. You must submit current proof of liability insurance with your payment.

2023 Renewal stickers are now available at the Town office

The annual renewal fee of \$15 per plate can be paid at the Town office or sent by e-transfer to pbetransfer@sasktel.net

(If you are paying by e-transfer please include in the memo "2023 ATV Renewal" and the plate number(s) that you are renewing)

Proof of current liability insurance can be emailed to *general@pilotbutte.ca*.

Once payment and proof of current Liability insurance are received, you will be mailed your 2023 Sticker.

If you have any questions please call 306-781-4547







COMMUNITY DIRECTORY



The Town of Pilot Butte is inviting all local and regional businesses to be listed in our new **Pilot Butte Community Directory**. The Community Directory will be available Online with Paper copies available.

This directory will connect residents and visitors to your local businesses like never before.

If your business is new to the Pilot Butte area, is not yet listed on our Online Directory (or it requires updates) please visit our current Business Directory page under Community on the Town website and fill in the Business Information Form. All submissions are reviewed prior to appearing in the directory. Listing your business in the directory is free for all businesses. There will be a paid section where additional advertising can be displayed.

The Pilot Butte Community Directory will be available in the Spring of 2023 however businesses can submit their information now to be included in the current Business Directory on the Town Website.

COMMUNITY DIRECTORY FEATURES:

- ATTRACTIONS
- RESTAURANTS
- RETAIL STORES
- SERVICES
- LINKS TO WEBSITES AND SOCIAL MEDIA PAGES
- RELEVANT TOWN INFORMATION
- INFORMATION RELATING TO BUSINESS OPERATIONS WITHIN PILOT BUTTE

BUSINESS CATEGORIES:

- EDUCATION
- HEALTH AND FITNESS
- HOME BASED BUSINESSES
- HOME CONSTRUCTION AND RENOVATION
- PERSONAL SERVICES
- PHARMACY/DOCTOR
- RESTAURANTS
- RETAIL STORES

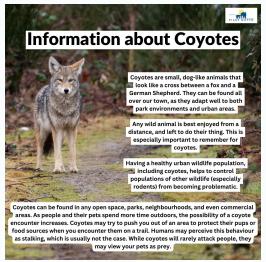
For more information about the Pilot Butte Community Directory please contact the Town of Pilot Butte at general@pilotbutte.ca or 306-781-4547













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Pilot Butte Public Library | Recreation Complex

Box 668 Pilot Butte SK S0G 3Z0

Phone: 306-781-3403

Email: pilotbutte@southeastlibrary.ca

www.southeastlibrary.ca

Library Hours

1:00 - 4:30 pm & 5:00 - 8:00 pm Tuesday

Thursday 1:00 - 4:30 pm & 5:00 - 8:00 pm

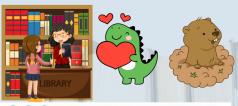
Friday 9:00 - 12:00 pm & 1:00 - 5:00 pm

Sunday 1:00 - 4:00 pm

Closed Statutory Holidays

*FOLLOW US ON FACEBOOK & INSTAGRAM

*Drop box is available outside the Library



WWW.SOUTHEASTLIBRARY.CA

DO YOU HAVE A LIBRARY CARD?

Wednesday 9:00 - 12:00 pm & 1:00 - 5:00 pm DID YOU KNOW THEY ARE FREE?





Southeast Regional Library cards can be used at public libraries anywhere in the province, as well as to access many online resources and databases. Pop by the Pilot Butte Library and sign up for a library card, or renew your old one, and be amazed at the variety of services we have to offer!!

Storytime Wednesday 10:00 am February 1, 8, 15 & 22 Get Funky Fridays! Friday 10:00 am February 3, 10 & 17 Book Club Tuesday 7:00 pm February 14 Pilot Butte Photo Bunch(PBPB) Thursday 6:00 pm February 9 & 23



Welcome to the neighborhood!



ARE YOU NEW TO PILOT BUTTE?

If so, the News and ViewS tries to keep residents up to date!

If you see something we should all know about or have a submission for the next issue, let us know by emailing us at newsandviews@sasktel.net. We are also online at https://pilotbutte.ca/community/news-and-view/

Advertising Rates for Pilot Butte News and ViewS

Advertising in the News and Views is priced as follows: Effective September 2022

- 1/4 page Ad \$45 monthly (approximate size 3.6"W x 5"H)
- 1/2 page Ad \$55 monthly (approximate size 7.25"W x 5"H)
- Full page Ad \$75 monthly (approximate size 7.25"W x 10"H)
- Backpage Sponsor \$200 a year (10 issues) (approximate size 2"W x 1"H)

Preferred method of submission is.pdf, .jpeg, .pub or .doc file. Insertion of ad at the discretion of the News and ViewS. Email us at newsandviews@sasktel.net or drop off at the Pilot Butte Town Office. We request that payment be received first in order for the ad to be inserted in an issue. If payment is not received prior to the 20th, the Ad will not be placed in the issue.

We now accept e-transfers! email newsandviews@sasktel.net. Or payment may be mailed to Pilot Butte News and Views c/o Box 253, Pilot Butte SK SOG 3Z0 or dropped off at the Town Office, there is a mail slot to the left of the lobby doors at the Pilot Butte Recreation Complex. Thank you very much!





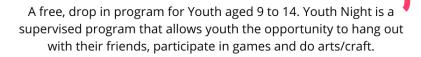
Youth Night



Pilot Butte Community Hall

Ages 9 to 14

Open to all area youth 6:30 pm to 8:30 pm



We recommend bringing clean shoes for indoors or youth can participate in sock feet.

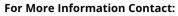
Youth should know a phone number to at least one parent/guardian.



Dates:

January 31st February 14th & 28th



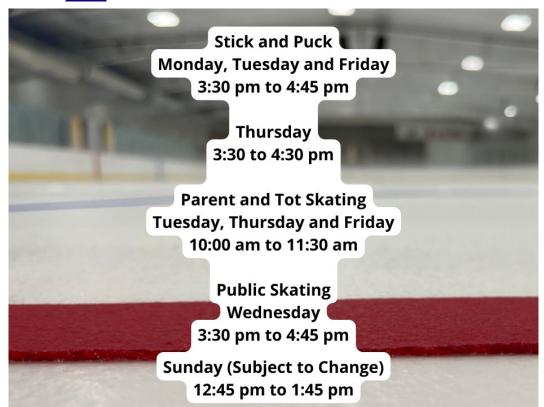


Meaghann, Recreation Program Coordinator at meaghann@pilotbutte.ca or 306-781-6253.













GRIFFIN DRAMA

Over 60 students have already started rehearsals for One-Act Plays at Greenall. Students will be performing three plays - Alky, The Actor's Nightmare, and Law & Order: Fairy Tales Unit - at Greenall on March 29 and 30 before performing these plays at Regionals in Wolseley in April. Alky is a dramatic play about the dangers of alcohol abuse. The Actor's Nightmare is a mistaken identity comedy about one man's misadventures in the theatre. Law & Order: Fairy Tales Unit brings the classic TV franchise to comedic life in a magical world. Several students are assisting in roles such as Student Director and Stage Manager, and all students and staff are very excited about their roles!

UPCOMING DATES:

- February 1: Semester 1 Report Cards Published in EDSBY
- February 2:
 - 6 PM Course Registration Parent Meeting (Gr. 10/11)
 - 7 PM Parent Meeting for Gr. 9

GRIFFIN ATHLETICS

Basketball is well underway at Greenall!

- Jr. Boys and Girls have had great success at their tournments.
- The Sr. Boys hosted a tournment January 21 and 22.

Watch social media for more results!

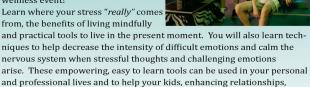


Empowered Resilience Parent Presentation

Intro to Mindfulness and Tools For Mental Wellness Feb. 8th - 6:30pm - 7:45pm Greenall High School With Trina Markusson—Speaker/ Author / Mindfulness Coach

Are you caught up in the "busy-ness" and stress of every day? Do you worry about the future or replay past events? Is your child experiencing stress and anxiety? How do you help them? Then join us for this valuable mental wellness event!

Learn where your stress "really" comes from, the benefits of living mindfully



Check out Trina's children's mindfulness book or the new mental wellness Release App, for adults, teens and kids!





For more info, go to:

www.presentmomentliving.ca

performance, physical health and overall well-being.



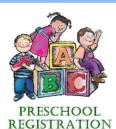


NICOLE'S PRESCHOOL



FALL 2023 - 2024 PRESCHOOL REGISTRATION!

Registration for 2023-2024 preschool classes for children ages 3, 4, or 5 years old is currently underway. Only a few spots remain. Time slots are given on a first come, first serve basis. Please email nicolespreschool@sasktel.net if you are interested in registering your child. A Parent Handbook will be mailed to you with a detailed description of the program. Thank you.



JANUARY!

Happy New Year everyone! It has been a very cold and snowy winter so for but it didn't shake our spirits at preschool. Instead we embraced all the magic and wonders of winter for the entire month of January. The children explored the characteristics of winter, winter activities and the types and habits of animals during this season. For example, does a dog or a gopher hibernate? What animal can play hide and seek (or camouflage itself) the best in the snow? A white rabbit or a brown bear? It was lots of fun finding out the answers to these questions using books, an Ipad or animal figurines to check our guesses! And for those poor birdies who decided to stick around this winter we decided to make them a cereal bird feeder to hang on our trees at home.

The month of January ended with a focus on how people stay warm in the winter. The story of "Sneezy the Snowman" by Maureen Wright and the book "The Mitten" by Jan Brett were wonderful springboards to help us examine the topic of winter clothes. We role-played the story sequence, counted, sorted and even used real mittens to paint with! Until next month stay warm everyone! Mrs. Marshall





PILOT BUTTE SCHOOL

Ms. T. Sillers, Principal Phone: 306 781-4488 Mrs. F. Stadnyk, Vice-Principal Email: pilotbutteschool@pvsd.ca

The "BEAR-Necessities"

February 2023

14— Red/Pink Day 16—Pink Shirt Day 20-24 - No School/Winter Break





Kindergarten Registrations

Kindergarten

If you have a child entering kindergarten in September, please contact the school for registration information. Having accurate numbers ensures we are planning appropriately for staffing, which comes upon us quickly in the spring. If you are on our pre-registration list you will have received updated

information about registration. If you know of new families to the community, please help us spread the word! Registration forms can be emailed to families, and an online registration process is now available on pvsd.ca. and our school website!

PreKindergarten Applications

Our PreKindergarten program is intended for vulnerable 3 and 4 year old children and their families. Vulnerabilities can be physical, emotional, economic, or cognitive. Acceptance into the program is through an application and committee decision. We invite interested families to contact us for more information or submit an application. Please note applications and information are also available on our school website at www.pvsd.ca/school/pilotbutte

Looking for Casual Employment?

We are looking for some casual Educational Assistants and Nutritional Assistants to work in our building when needed. May be scheduled in advance or day by day. If you would be interested in helping out, please visit

https://www.applitrack.com/pvsd/onlineapp/default.aspx?Category=Casual+Employment Apply for the Educational Assistant Position,

and if you would like to help as a Nutritional
Assistant please mention it in the section
comment section pictured.

Fields preceded by a red	asterisk (🟶) are required.
Please answer the questions below.	
Please provide any additional information you ma application	ay wish for us to consider regarding your

Winter Art Classes

Register at www.pilotbuttearts.ca

If there are other classes that you would like to have us organize, or if you teach classes, please contact us at: pilotbuttearts@gmail.com

PILOT BUTTE



LET'S CREATE

Chain Pull Owl & Flower Acrylic Paintings

Thursday March 2, 2023 6:30pm - 8:30pm

Cost: \$54

Instructor: Cindy Howden



Moccasins With Betty

Sundays

March 19, 26 & April 2, 2023

12:30pm - 5:30pm

Cost: \$153

Instructor: Betty Sigfusson



Fairy House Using Paverpol (Family Class)

Thursday March 23, 2023

6:00pm - 9:00pm

Cost: \$58.50 Instructor: Kim Fabian



Needle Felting

Thursday March 30, 2023 6:30pm - 9:30pm

Cost: \$40.50

Instructor: Donna MacPherson



Pilot Butte Arts Annual General Meeting

Tuesday February 21, 2023 6:00 pm in the Town Hall

Open to all residents of Pilot Butte and area who are interested in contributing to arts in our community.

Want to participate, share your ideas, or learn more about Pilot Butte Arts?

We'd love to have you attend our AGM!

Crocus Art Show & Sale Call for Artists

May 27 & 28, 2023
Pilot Butte Arena
Register at www.pilotbuttearts.ca



Artist RetreatCall for Artists

June 8 - 11, 2023
Pilot Butte Town Hall
Register at www.pilotbuttearts.ca



We would like to acknowledge the Town of Pilot Butte for the ongoing assistance they provide to our committee.

Special thanks to Sask Lotteries for generous grants allowing Pilot Butte Arts to present our class and events at reduced rates. https://www.sasklotteries.ca/home.htm







Cardio & Strength Conditioning

Taught by Kristina from Hybrid Fit & Wellness



This class is a total body, heart pumping, aerobic and strength conditioning workout. This interval-based class combines full body, high repetition strength training with medium-high intensity cardio bursts design repetition strength training with medium-high intensity cardio bursts designed to tone your body, improve your endurance and clear your mind after a busy day!

Cardio sections include easy-to-follow moves, while strength segments use bodyweight and small equipment to add intensity. This time efficient workout is great for most fitness levels as modifications to all exercises are given and is sure to please both cardio and strength enthusiasts!

If you have your own 2lb-8lb dumbbells and mat, please bring them to class. Those with wrist injuries may find the class challenging.

Class Details: Cost- \$85/participant Location- Pilot Butte Community Hall Time- 6:30 pm to 7:30 pm

20 Spots available

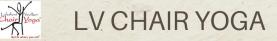
Monday Evenings- 12 weeks January 23rd, 30th February 6th, 13th & 27th March 6th, 13th, 20th & 27th April 3rd, 17th & 24th

Registration Opens January 4th, 2023 at 9:00 am

Contact Meaghann White, Recreation Program Coordinator at programs@pilotbutte.ca or 306-781-6253

Registration Forms will be available online starting January 4th.





In LV chair yoga traditional yoga poses are adapted to be done while seated on a chair. While it might look a little different, the benefits of a session of chair-based yoga are the same as a mat-based yoga session. LV yoga isn't just stretching on a chair, it is yoga on a chair. Each chair pose is demonstrated with different levels of flexibility. This means that LV chair voga is inclusive and accessible for all. Regular practice can help improve flexibility, mobility, strength, posture, and balance. Each class will include a warm up, a dynamic sequence of poses, and a mindful cool down

Kim Kozak will be instructing this course. She has been a certified yoga instructor for 10 years. After a skiing injury prevented her from doing mat-based yoga, Kim discovered the benefits of a chairyoga practice. The best thing she discovered is that you can use chair yoga in your daily life. Whether you take a few minutes to do some chair yoga at your kitchen table before your morning coffee, or you break up long days of sitting at an office desk with a few poses.

Developed by Lakshmi Voelker-Binder in 1982, LV chair yoga is practiced all over the world and is used by the Mayo Clinic in its wellness programs. As Lakshmi says "get fit where you sit" ™. Transform how you look at fitness and try something new! Chair yoga is for everyBODY!

> **Wednesday Evenings** January 18th to March 15th (no class February 22nd) 6:15 to 6:45 pm Golden Sunset Club Cost: \$45.00 including GST 10 spots available

Registration Opens January 4th, 2023 at 9:00 am Contact Meaghann White, Recreation Program Coordinator at programs@pilotbutte.ca or 306-781-6253.

Registration Forms will be available online starting January 4th.





Hybrid Yoga Class

This class will combine chair and mat yoga

Each class will include a warm up, a dynamic sequence of poses, and a mindful cool down.

Our dynamic sequence will begin with yoga poses seated on a chair. Each chair pose will be demonstrated with different levels of flexibility. This means people of all ages and fitness backgrounds can adapt each chair-based posture to suit their fitness needs and goals. Levels of flexibility help ensure postures are practiced safely and effectively on the chair.

While it might look a little different, the benefits of chair-based yoga are the same as mat-based postures. This class will use postures created by Lakshmi Voelker-Binder. Her method, known as LV chair yoga, is practiced all over the world and is used by the Mayo Clinic in its wellness programs.

After we work with chair-based postures, options will be given to transition these postures onto a mat. Participants will choose whether they continue on the chair or move onto their mat based on their own comfort level.

Class Details: Cost- \$60.00/participant Location- Golden Sunset Club Time- 7:00 pm to 7:45 pm

10 Spots available

Wednesday Evenings January 18th & 25th February 1st, 8th & 15th March 1st, 8th & 15th

Registration Opens January 4th, 2023 at 9:00 am

Contact Meaghann White, Recreation Program Coordinator at programs@pilotbutte.ca or 306-781-6253.

Registration Forms will be available online starting January





PILOT BUTTE COMMUNITY HALL

NO WALKING TIMES FEBRUARY 24TH

WEDNESDAY'S 1:30 PM TO 3:30 PM FRIDAY'S 9:00 AM TO 11:00 AM

Come for a walk inside during the cold months. Open to everyone including strollers and little ones. A great opportunity to socialize and be active all at the same time.

This is a free drop in programs. Hours are subject to change. Please check the online hall schedule to confirm.



If you have any questions please contact Meaghann at programs@pilotbutte.ca or 306-781-6253.





Forever... in Motion Classes Resume January 10th

<u>Tuesday Classes from January 24th to March 14th</u> <u>will be led by Gaye Kreklewich</u>

Forever... in motion is a FREE program that helps older adults

become physically active through volunteer lead physical activity groups.

The program includes endurance, strength, balance and flexibility activities, which may be performed either in a sitting or standing position.

For more information please contact Meaghann at 306-781-6253 or programs@pilotbutte.ca

Instructors: Darlene & Cheryl

Location: Community Hall

Dates: Tuesday's with Darlene & Thursday's with Cheryl

Time: 10:00 - 11:00 am

Saskatchewan Health Authority Get Your Garden On!!!



The Pilot "Butte" ification Community
Garden Beds are up for grabs again this
year! There are 20 beds on offer, spread
over 4 locations and each measure 3' W x
8' L (16 are 12" high and 4 are 24" high).
There are rain barrels available to help with

your watering needs. We are asking for a small fee per bed this year, \$15, to help cover the on-going enhancement of the soil (2 bags of compost per bed will be added.

If you are interested, please submit your name, contact info, number of beds wanted and preferred location by February 15/2023 via email: beautifypbevents@gmail.com If email isn't possible, please call or text to 306 537 9462

If you're new to gardening and need some advice, let us know.

Remember, Spring is on the way! \check{Y}

Current locations of garden beds:

	Railway Ave and 9th St (6 beds, 4
	are double height)
Way of Life Church (7 beds)	Discovery Ridge (3 beds)

GOLDEN SUNSET CLUB - February 2023

Hard to believe January is behind us, weird weather though for Saskatchewan, we had so much fog and drizzling rain. Our club kept busy with our soup and sandwich lunch, our first crib tournament of 2023 and members only chili and bun lunch.

The center is open Tuesdays and Thursdays form 1 to 4 pm for card playing, and of course we always stop for coffee and a snack. If you are looking to get involved or meet new people, we are always happy to have new members.

Our February soup and sandwich will be on Tuesday the 7th, starts at 12 pm, it is \$10 per person and includes choice of soup, variety of sandwiches and delicious desserts, plus all the tea and coffee you can drink. Crib Tournament is Saturday the 18th, cash prizes and a delicious lunch makes it an enjoyable day.

Our club is available to rent, you can contact Kelly Frizzell @ 306-781-1091 or 306-527-7662. Rates, dates and other info will be given upon request.





Ladies Bible Study

Ladies Bible Study will resume Tuesday, February 14 at 1:30 pm at Way of Life Church. Please join anytime. You are welcome for some or all.

Please call Joyce at 306-539-2377 or email her at joycek@wayoflifechurch.ca for further information.





Monday, February 6 at 7:00 pm.

Ladies, feel free to drop by and see what is in store for the evening.

All are welcome.

Sunday Service

Sundays 10:30 am
Way of Life Church
233 5th Street, Pilot Butte

Speaker for February: Kathy Depko

February 5: Communion

February 5 & 19: Potluck Lunch

following the service

Children's Church

Way of Life has "Children's Church"

available during Sunday
Services. It is for kids aged
3 to 10. Feel free to bring
your kids to church and



when it is time for the sermon, know that they will be in good hands while you are listening to the speaker.

How to reach us:





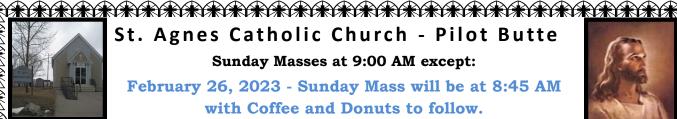


306-779-1084



info@wayoflifechurch.ca





St. Agnes Catholic Church - Pilot Butte

Sunday Masses at 9:00 AM except:

February 26, 2023 - Sunday Mass will be at 8:45 AM with Coffee and Donuts to follow.

Come join us for coffee, a snack and fellowship!

Ash Wednesday Mass on February 22, 2023 at 8:30 PM

Ash Wednesday opens Lent, a season of fasting and prayer. The ashes symbolize the dust from which God made us.

We are marked with ashes to humble our hearts and reminds us that life passes away on Earth.

Adoration – Thursdays 6:30 PM – 7:15 PM A chance to spend time in silence with God

Stations of the Cross during Lent - Thursdays 7:15 PM

We, the parishioners of St. Agnes, strive to live by Gospel values. We support each other with mutual respect and concern as we journey together, in Faith, Hope, and Love towards the Kingdom of God.

Father Chinh Vu is available before mass between 8:20 and 8:50 on Sundays if you would like to meet or speak with him and to hear confessions.

For additional information, special mass dates and times and more information about St. Agnes Parish check us out at:

Our Facebook page: St. Agnes Church-Pilot Butte

Our website: https://stagnespilotbutte.ca

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. Psalm 23:4



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MAAAAAAAAAAAA





February is the month for warmth with the Polar Vortex approaching...warmth for others and warmth from caring and sharing.

Thank you to the Pilot Butte Angel families and friends who have donated yarn and fabric to enable Angel 4 Warmth Inc. to gift 15286 items of warmth to approved donor recipients in 2022. An extra special thanks from Sharlene on behalf of the Angels for Warmth for the kindness shown by those dropping off fabric, yarn and most recently three bags of finished projects to the drop-off bin in the Pilot Butte Recreation Center Lobby.

The need for Angel items of warmth continues and the need for yarn and quilting cottons continues. The Angels Blue Drop Barrel for yarn and quilting cottons is located in the Recreation Centre Lobby. Angels 4 Warmth Inc. will meet for drop off finished projects and pick up of supplies for future projects on Wednesday, February 1 at Holy Trinity Roman Catholic Church at 5020 Sherwood Drive, North entrance in Regina. New Angels are welcome. Please attach pairs of mitts, slippers, socks or any

Angels 4 Warmth Inc. have set up an account at SARCAN for donations to help us provide the yarn and fabric supplies to keep our Angels' hands busy. At SARCAN the Account is Angels4Warmth Inc. and the Group Phrase is 'keep warm'. Tags are printed for the number of bags/boxes before placing them on the conveyor belt. Proceeds are e-transferred to the Angels account. SARCAN donations would be greatly appreciated.

Contact: Sharlene (Pilot Butte) at 306-790-7441 or Ruth (Regina) at 306-543-0583.





LET'S PUT ANNEXATION BEHIND US AND WORK TOGETHER.

After four years, the annexation hanging over the RM of Edenwold is now over. The Saskatchewan Municipal Board (SMB) rejected the Municipal Boundary Alteration Application by White City for almost 4000 acres of RM land, including all of Emerald Park.



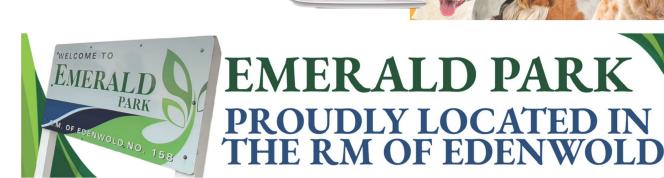
With cooperation, both municipalities can prosper and be good partners to all the communities in the region.

February 20th



USING THE EMERALD PARK DOG PARK?

Don't forget to scoop up after your pets!



WWW.RMEDENWOLD.CA







GUITAR, UKULELE, PIANO and DRUM LESSONS In Pilot Butte



"Spring and fall bulbs – Care, Planting and Storage"

Helen Shook, U of S



Join Helen for tips to get the most out of your bulb plants.

Helen holds a Prairie Horticulture Certificate from the University of Saskatchewan and is a Master Gardener as well. Since 2017 she operates Gardenline, where she answers questions from the public, and writes for the website and social media.

Helen hasn't met a plant she doesn't like and grows a little of everything (actually a lot of everything) indoors and out, at her home in Saskatoon.

Wed. Feb 8th, 2023 at 7:00 pm

Virtual Meeting

Virtual Access after 6:30 pm

Zoom link will be shared the afternoon of Feb. 8th

For virtual meeting send email address to and then e-transfer \$5.00/person to wcgc.communications@gmail.com by Feb. 06th

Info: www.whitecitygardenclub.weebly.com/wcgc-upcoming-events





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Sunday Monday **Tuesday** Wednesday **Thursday** Friday Saturday **PB Library Storytime Forever in Motion** PB Library Get Funky 10am 10 - 11 am Fridays 10am Walking in the Hall Walking in the Hall 1:30 - 3:30pm 9 - 11 am LV Chair Yoga 6:15 - 6:45pm Hybrid Yoga Class -Waste 0 7:00 - 7:45pm Collection 10 11 St. Agnes Service Parent & Tot Play Time Forever in Motion **PB Library Storytime** PB Library Get Funky Forever in Motion 9am 9-11:30 am 10 - 11 am 10am 10 - 11 am Fridays 10am Way of Life Cardio & Strength -Golden sunset Club Walking in the Hall PBPB 6pm Walking in the Hall Service 10:30am 630 -730 pm lunch 12pm 1:30 - 3:30pm 9 - 11 am Potluck Lunch to follow Way of Life Church -Adut Drop In -LV Chair Yoga Ladies Night 7pm Volleyball 6:15 - 6:45pm 6:30 - 8:30 pm Hybrid Yoga Class -7:00 - 7:45pm Compost Recycling Collection Collection 12 14 15 17 18 13 16 St. Agnes Service Parent & Tot Play Time Forever in Motion **PB Library Storytime** Forever in Motion PB Library Get Funky 9am 9-11:30 am 10 - 11 am 10am 10 - 11 am Fridays 10am Way of Life **PB Library Book Club** Walking in the Hall Walking in the Hall Council meeting 7 pm Service 10:30am 6:30pm - 9:30pm 1:30 - 3:30pm 9 - 11 am Cardio & Strength -Hybrid Yoga Class -Youth Night 630 -730 pm 6:30 - 8:30 pm 7:00 - 7:45pm V Chair Yoga Waste 6:15 - 6:45pm Collection 19 20 21 22 23 24 25 St. Agnes Service Family Day Skate & Forever in Motion **PB Library Storytime Forever in Motion Activities at the Pilot** 10 - 11 am 10am 10 - 11 am 9am **Butte Recreation** Complex PBPB 6pm Way of Life Pilot Butte Arts Annual Walking in the Hall Service 10:30am 1:30 - 3:30pm **General Meeting -**Potluck Lunch to 6pm follow Recycling Collection 26 27 28 St. Agnes Service Cardio & Strength -Forever in Motion 10 - 11 am 8:45am with 630 -730 pm coffee and Council meeting Youth Night donuts to follow 6:30pm - 9:30pm 6:30 - 8:30 pm Way of Life Service 10:30am

^{*} Loraas picks up waste/recycling/compost bins on Statutory Holidays





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PILOT BUTTE & DISTRICT LIONS CLUB

New Members Welcome Call 306.781.4352

kldorn2002@yahoo.com Meetings held on the 4th Tuesday of the month @ 7:30 pm at the Seniors Centre



306-779-1084

Sunday Service 10:30 am Everyone is Welcome!

info@wayoflifechurch.ca www.wayoflifechurch.ca PILOT BUTTE **BRANCH** LIBRARY



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Don McMorris, MLA Indian Head - Milestone

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